"how to cope with unemployement"

If you have no job you can evolve your knowledge ans skills by success courses or finish school. For example lot of company's have special trainings who you can absolve.

Change to a new place is also a opportunity. Some regions have a lack of employees, there it is easy to get a job. For example in Asia it isn't as hard as in Germany to get a commercial pilot licence and fly.

At least you can work voluntary for organisations or local associations. So you didn't loose relation to normal society and that's important.

Social contacts can also be useful to get jobs.

In the end it doesn't mater witch option you take or combine as log as you do something.

 \rightarrow ca. 125 words